

## **An Examination of Conscience for Children**

### **With my Family:**

**Did I listen to my parents?  
Did I lie to my parents?  
Did I do what I was told me to do?  
Did I do my chores?  
Did I say mean things to my mom and dad?  
Did I take anything that did not belong to me?  
Have I started fights with my brothers and sisters at home?  
Did I always say 'Thank You' to my parents and other people?  
Am I hard to get along with?**

### **With my Friends:**

**Did I hurt other people's feelings by calling them bad names?  
Have I blamed others for things I do?  
Did I get other people into trouble?  
Do I hit other people when I get angry?  
Have I forgiven other people?  
Have I cheated or been unfair in games?  
Did I refuse to play with someone for no good reason?**

### **In School:**

**Did I do what I was told by my teacher?  
Am I lazy about doing assignments at school?  
Did I fail to do my homework?  
Did I cheat in school?  
Did I take anything that did not belong to me?**

### **With Jesus:**

**Did I say bad words?  
Did I ask God to help me when I think about doing bad things?  
Did I say my prayers every day?  
Have I fooled around in Church?  
Did I pay attention at Mass?  
Did I listen to my teachers as they teach me about God?**